



Currents

Newsletter of the San Dieguito River Valley Conservancy



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Upcoming Events and Donor Recognition

Plein-Air Exhibition and Gala: Celebrating Art and Nature

On April 5th, the Art in Nature Alliance, a partnership of the San Dieguito River Valley Conservancy, Plein-Air Painters of America (PAPA), and the California Center for the Arts, Escondido, opened the "Second Spring: Conserving Nature in Life and Art" Plein-Air Exhibition with a gala attended by enthusiastic supporters of art and nature. After an informative and humorous presentation on "The Art of Looking at Art," given by Jean Stern of the Irvine Museum, attendees enjoyed wine and appetizers as they viewed paintings by early California impressionist painters, PAPA artists who captured the diverse beauty of the River Park, and young plein-air painters from local schools. Hundreds of people of all ages attended the exhibition, which included a special presentation by Richard Louv, "Nature and the Hybrid Mind." The gala and sales of paintings raised over \$40,000 for the Conservancy.

Photo credits: James Coffee (all)



Plan Ahead – Save The Dates!



Legacy of the Land Opening Gala
Featuring the Plein-Air Painters of America
March 21, 2015

Legacy of the Land Plein-Air Exhibition
California Center for the Arts, Escondido
March 22 to April 26, 2015



“The gala and sales of paintings raised over \$40,000 for the Conservancy.”

President's Message *By Peter Shapiro*



I was inspired to re-read Richard Louv's book, *The Nature Principle*, after listening to him speak at our Art in Nature plein air event. Richard talked about the "nature deficit disorder" in today's youth and the need for "Vitamin N."

As I read, my thoughts wandered to the carefree times I spent at Pierce Country Day Camp in Roslyn, New York, as a camper and later, a counselor. As a youth, I would venture to Wolfboro, New Hampshire every year with my family. I remember being amazed by the beauty of rugged cliffs, and shimmering lakes, the sounds of rushing rivers, chirping of birds, crickets, and other wildlife, the smells of campfires and roasting marshmallows, and a super clear night sky. If I really think about it, I guess it is not so far-fetched for a guy from Long Island, New York to be a proud member of a nature conservancy!

I am proud that SDRVC is serving up lots of "Vitamin N." In fact, the theme of this year's River Valley Fest is "Connecting People With Nature" – and appropriately so – since that is what we do! For example, we recently offered free outdoor education programs at the Birdwing

Open Air Classroom on topics ranging from mammal tracking to nature photography. SDRVC and the River Park received a \$2,000 EcoAmbassador grant for our Connecting Kids with Nature Program. Our Citizen Science Monitoring Program kicked off this year with Argentine ant surveys on River Park land, engaging people of all ages in the search for ants of all sizes (and tastes) using Pecan Sandie cookies and tuna as bait. In this newsletter, you will learn more about upcoming outreach and recreational events.

We will be presenting Richard Louv with the Lifetime Appreciation Award at our Fifth Annual River Valley Fest. Connecting with nature is not just a theme for the River Valley Fest – it's a theme for life. It's comforting to know that along the watershed we can enjoy breathtaking views of Borrego and the river valley from Volcan Mountain, meander through grasslands, oak woodlands, and streams at Santa Ysabel, see bobcats and coyotes throughout the valley, and stroll and linger on the San Dieguito Lagoon Boardwalk to observe the antics of osprey, egrets, and herons.

I look forward to welcoming you at our River Valley Fest on October 12th!

Welcome Brad Bartlett



Brad Bartlett, the latest addition to the Conservancy Board, grew up in North County and has resided in Escondido for 28 years. He has three children with his wife, Jane Meyers. Several years ago, Brad and Jane were introduced to the River Park by Linda and Chris Khoury. They participated in the ESP (Exploring Our Sense of Place) program and have been avid supporters and hikers in the Park ever since.

Brad practiced law in Escondido for 35 years. He now serves as a mediator and teaches real estate law at Palomar College. With a background in land use and real estate, Brad will be a valuable resource in our effort to grow and support the River Park.

Introducing Jess Norton, Conservation Manager



Jess Norton brings over nine years of federal, state, and local experience in protected species regulation, natural resource management, and environmental planning to the Conservancy. She gained extensive knowledge of San Diego's native habitats and species during her 4½ years with the County of San Diego Department of Parks & Recreation, where she was responsible for preparing Resource Management Plans, overseeing biological/cultural surveys, and obtaining grant funds for habitat restoration projects. Most recently, she worked as a contractor at Camp Pendleton, revising its Integrated

Natural Resources Management Plan. She is excited by the opportunity to preserve, protect, and educate others about all the amazing resources within the River Park.



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We Have an App for That!

Download our new Citizen Science App onto your iPhone before your next River Park adventure. Funded by SDGE and created by McLeod Media of Encinitas



Go to wildsd.org on your phone's Safari app



Add the app to your home screen



Navigate trails in the park and identify plants and wildlife!

Launching the Citizen Science Monitoring Program

by Jess Norton, Conservation Manager

I'm a scientist, he's a scientist, she's a scientist, we're all scientists – wouldn't you like to be a scientist too? We're hoping you say yes, because we need citizen scientists to implement our new San Dieguito Citizen Science Monitoring Program!

Citizen Science is public participation in scientific research. You don't need a formal science background or a fancy degree to contribute – just the willingness to volunteer your time and effort.

Through the program, SDRVC will host events where citizen scientists are guided to collect specific field data. River Park visitors are also encouraged to use our new Citizen Science app to report wildlife sightings throughout the park (see page 2). The goal of the monitoring program is to create a protocol that is sustainable, cost-effective, scientifically-valid, and specifically for the San Dieguito River Park that can be carried out by volunteer citizen scientists. We will gather data to inform decisions from land purchasing to trail-building, while encouraging community involvement and engagement. To make sure we get useful data, the program is designed to align with existing regional plans and monitoring protocols. **Photo credits: Delle Willet.**



Citizen scientists getting briefed on their tasks

The Citizen Science Program kicked off on August 2nd, 2014 with the help of over 25 citizen scientists who conducted Argentine ant surveys and set out camera traps at the 165-acre River Park office property. Keep an eye out for the upcoming survey results on the Conservancy website. Future monitoring will include surveys for plants, mammals, and birds. If you are interested in being a citizen scientist, please contact Jess Norton at jess@sdrvc.org.



Collecting Specimens



Observing and identifying specimen samples



Discussing the findings

Students, Science, and San Dieguito Lagoon: Announcing the Connecting Kids with Nature Program

by Leana Bulay, River Park Interpretive Ranger



The Connecting Kids with Nature Program is the start of a collaborative effort to bring high school students to the San Dieguito Lagoon to engage and connect them with nature – starting with the habitat and wildlife in their own “backyard.” With a localized field ecology curriculum and site visits to the San Dieguito Lagoon, students in local, underserved schools will have an amazing opportunity to perform conservation projects and get hands-on ecological field education. One goal of the program is to provide ongoing, interactive opportunities for students to engage with nature in the Lagoon.

The curriculum will be developed to complement and reinforce the concepts from science classes, as well as foster environmental stewardship. Field activities will expand on classroom learning, with an emphasis on the connection between the environment and human health. Students and teachers will actively collect and monitor field data – which will in turn be used by professionals and researchers who are monitoring and managing the watershed's ecology. This gives the students a unique chance to see “real life” science and how their work in the field can be used and applied for future ecological study and conservation efforts – building an even deeper connection to nature!



Finally, the students will present the results of their research at a symposium to project scientists and the local community. This will help them develop analytical, communication, and critical thinking skills. We are excited to launch the Connecting Kids with Nature Program this fall and seeing the students' work!

Apple Distinguished Educators at the River Park Photos by Leana Bulay.

The San Dieguito River Park was honored to recently host a three-day event for the Apple Distinguished Educators program. Over 300 educators, from countries all over the world, attended and experienced a wonderful event at the River Park. The educators had opportunities to engage at five stations:



Birds and Binoculars, where participants practiced using binoculars and telescopes to observe various lagoon species. They learned how to recognize characteristics and distinguishing features to identify different birds.



At **Art of Nature**, participants used specimens collected from the Lagoon to create artwork. This activity gave the educators the opportunity to express their nature experience through unique art.



Lagoon Ecosystems participants observed lagoon aquatic species up close, while ecologists discussed their significance to the local ecosystem. A Park Ranger shared the importance of the lagoon ecosystem and the history of the 115-acre San Dieguito Tidal Wetland Restoration.



The **Water Quality Sampling Station** had participants testing water samples from different locations at the lagoon. Participants learned to use the proper instruments to test samples for pH, dissolved oxygen, and salinity. They also learned how each indicates the health of the ecosystem.



Finally, for the **Ranger Walk**, participants were led on an interactive walk along the Lagoon Trail, where they observed and discussed the natural history of the River Park. Participants used the San Dieguito River Park app to locate, identify, and report plant and animal sightings.

For more information about the Apple Distinguished Educator Program, please visit www.ade.apple.com.

Getting in Touch with Nature in Logan Heights

How do you connect 6-8th graders in the heart of Logan Heights with nature? With lots of cool animal skulls and a prize wheel, of course! In an effort to broaden our educational programs, the Conservancy is forging new partnerships outside the watershed to engage students in underserved communities and build interest in the River Park and nature in general. On July 8th, Executive Director Trish Boaz and Conservation Manager Jess Norton participated in the Knox Middle School Environmental and Health Awareness Day. Approximately 60 students got an up-close look at skulls from different critters native to the River Park and learned how to identify the differences between predators and prey.

Birdwing Open Air Classroom Now Open in the River Park!



In May, the Conservancy and River Park were thrilled to celebrate the Grand Opening of the Birdwing Open Air Classroom in the River Park! It was a beautiful morning in the San Dieguito Lagoon for the ribbon-cutting ceremony. Since it happened during Lagoon Days, Del Mar third-graders were able to attend, along with donors, volunteers, designers, contractors, and SDRVC and JPA board members.

Over the summer, we have hosted a number of free events at the Birdwing, including nature talks and hikes, yoga sessions, bird watching, wildlife tracking, a nature photography workshop, and more! And we're looking forward to many more – check our Events calendar (online at www.sdrvc.org/news_events) and join us!

We want to thank all the donors, volunteers, designers, contractors, and board members for making the Birdwing possible! **Thank you** for helping us do more and more for the community and River Park!



Donors, volunteers, designers and contractors, SDRVC and JPA Board members, and Del Mar third graders took the path from the San Andres trailhead to the gathering.



SDRVC President Peter Shapiro speaks to the crowd – there was a full house at the ribbon-cutting!



County Supervisor and JPA Chair Dave Roberts makes it official and welcomes the community to the new Birdwing Open Air Classroom!



County Supervisor Dave Roberts (left) and former County Supervisor Pam Slater-Price (middle) championed the creation of the Birdwing and assisted in securing grants for its construction. David Kay (right) of Southern California Edison managed the project.

Birdwing photos by James Coffee.

River Park Spotlight: Eucalyptus Stoneware Owner John Laver Reflects on 40 Years Working on the River

by Allison Keltner, Contributing Editor



Photo by Trish Boaz.

For more than 40 years, Eucalyptus Stoneware made its home on the banks of the River in the San Dieguito Lagoon, creating and selling beautifully crafted ceramic ovenware baskets. Although owner John Laver made the difficult decision to close his shop, he knows the location on the river offered inherent rewards to his business – and many fond memories.

When he first opened, John remembers looking out to the river and “bemoaning the fact that we weren’t making any money” when a duck flew down, wings outstretched. Its wings made circles in the steam rising off the water, and in that moment, John said, “I’ll make this work. I’m not leaving this spot, even if I have to sell shoes.”

The river, he says, has “always been a touchstone” for the pottery studio. He and his employees have enjoyed lunches and meetings in a small clearing behind the studio, providing the perfect vantage point to watch fish jumping, shorebirds wading, and now, osprey hunting. John felt the location – while within minutes from the freeway and mere yards from the Del Mar Racetrack and Fairgrounds – offers a sense of calm and tranquility that, along with the pottery business itself, attracted great employees. As he put it, his “newest” employee had been with him for 14 years. With such an idyllic “backyard,” it’s easy to see why – who would trade this for an office park or downtown high rise?

Once John decided it was time for the next phase, however, he returned to the same spot where decades ago he watched the duck land in the water. This time, he contemplated how he would tell his employees, and watched as a Great Blue Heron flew in and landed on the point across the water. “Okay, that’s fine,” he said.

“The bird started it and the bird ended it.”



Photo by Julie Hocking.



Photo by Allison Keltner.

Executive Director's Letter

Photos courtesy of HelenThayer.com

Last March marked the end of my term as a member of the Board of Regents for the Pacific Northwest Resource Management School at Fort Worden in Port Townsend, Washington. Every year, we attract 150 parks, recreation, and public works professionals from all over the United States and Canada who learn how to manage their facilities in a more efficient manner, maneuver through the "fish bowl" of public service, inspire their fellow workers, enrich the park experiences of the public, and create a sense of community.

In 2008, as I was driving my rental car from the Seattle-Tacoma Airport to catch the ferry in Seattle, I turned on the radio and, fortuitously, the pre-set station was airing an ad for an upcoming talk to be given by National Geographic Explorer, Helen Thayer, on her recent trek across the Gobi Desert with her husband, Bill. It mentioned her previous book *Polar Dream: The First Solo Expedition by a Woman and Her Dog to the Magnetic North Pole*. I could not believe what I was hearing. This woman, at 50 years old, was the first woman in the world to travel alone to the Magnetic North Pole – and she did this with her dog, Charlie.



Helen in Gobi desert



Helen at the North Pole

As Chair of the Board of Regents, I had the honor of selecting our Keynote Speaker for the 2014 School. The keynote speech on the first night of the School sets the tone for the week and must inspire our students to excel and get the most out of our program, taking what they learn to heart. There was no doubt in my mind who would be able to do that – Helen Thayer. A day after returning from China, she traveled with her husband to Fort Worden from their home in nearby Snohomish to address our group. We learned about how she planned for her North Pole trek, the adversity she faced, the elements and Polar bears, and the elation she felt after she reached her goal. You could hear a pin drop as she related her incredible experience to our everyday lives – how we each had our own "North Poles" to conquer.

I was thrilled when Helen agreed to come to San Diego and share her experiences with us at a special DMF Talks presentation on September 15th, co-hosted by the Conservancy and the Del Mar Foundation. Now, most of us won't go to the North Pole, Gobi Desert, or the Amazon (which Helen kayaked), but we will hike, bike, or ride on the Coast to Crest or other River Park trails, taking in the beauty of the San Dieguito River Park – right here in our backyards! As I look at Helen and Bill, and how much they continue to accomplish, I have no doubt that connecting with nature is the best way to enrich our lives, rejuvenate our spirits, and keep us healthy in mind and body.

DMF Talks with Helen Thayer

co-hosted by SDRVC and the Del Mar Foundation

Monday, September 15 | 6-8PM | wine and cheese reception

Powerhouse Community Center, 1658 Coast Blvd., Del Mar

EVENT SOLD OUT AT PRESS TIME.

Grant Announcements

The San Dieguito River Valley Conservancy is excited and grateful to receive the following grant awards:

**REI - \$8,000 | SoCal Edison - \$5,000 | Palomar Audobon - \$2,000
California 10/20 - \$1,500**

Sikes Adobe Creamery: Now Open!

On June 4th, 2014, Third District County Supervisor Dave Roberts cut the ribbon to officially open the Sikes Adobe Creamery. The event was held at the Sikes Adobe Historic Farmstead, located north of Lake Hodges in the San Dieguito River Park. Also in attendance were Olga Diaz, Deputy Mayor and Council member from the City of Escondido, and Mr. Don Burkett, representing the office of Congressman Duncan Hunter, 50th Congressional District. The Sikes Adobe Creamery is now open to the public!



The restoration of the Creamery is part of an ongoing restoration project in collaboration with the San Dieguito River Park. A State Point of Historic Interest and a City of San Diego historic site, the Sikes Adobe Historic Farmstead hosts the North San Diego Farmers' Market every Sunday (rain or shine!) from 10:30am – 3:00pm. It is also open for docent-led tours that offer a look at what life was like for San Diego settlers shortly after California became a state. Tours are offered on Tuesdays, Thursdays, and Saturdays from 10:00am – 1:00pm and on Sundays from 10:00am – 4:00pm.

Banking on the Future of the River Park!



SDRVC continues to build its corporate relationships and partnerships to support its mission. We are proud to announce our new "RiverBanks" initiative, starting with a \$2,500 donation from Union Bank. In 2014-2015, SDRVC will continue to build partnerships with banks and other financial institutions that conduct business in close proximity to the watershed for this program. By contributing funds to the SDRVC, these banks will earn good will with their customers and employees, who are current or prospective members and supporters. SDRVC will provide team building, restoration opportunities, and other events to employees of participating banks and institutions to meet their social responsibility goals.

SPECIAL GIFT RECOGNITIONS: March 10 – July 31, 2014

Thank You for supporting our work in conservation, education, and recreation for the San Dieguito River Valley.

\$10,000 or more

The Benson Family Trust
Del Mar Foundation

\$5,000 or more

Edison International
REI

\$2,000 or more

Jeffrey Barnouw
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Palomar Audubon Society

\$1,000 or more

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\$1,000 or more (cont.)

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Howard Weiner

Upcoming Events

North San Diego Certified Farmers Market

Rain or Shine! | Every Sunday | 10:30am – 3:30pm

Sikes Adobe Historic Farmstead, 12655 Sunset Dr., Escondido

Second Saturday Ranger-Led Walk at the San Dieguito Lagoon

Every 2nd Saturday | 9am – 10:30am

Location varies each month; check the calendar at www.sdrvc.org/news_events
Monthly walks led by a Park Ranger along the San Dieguito Lagoon.

Coastal Walk and Yoga on the Beach

Every 3rd Sunday | 8:30am – 10:30am

San Dieguito Lagoon, San Andres Drive Interpretive Kiosk. Enjoy an easy, 4-mile hike and 45-minute yoga class on the beach, led by instructor Susan McCrea.

San Dieguito Lagoon Bird Walk

Every 3rd Saturday | 8:30am – 10:30am

Join John Haddock, a member of the Buena Vista Audubon Society and Whelan Lake Bird Walk Leader, to discover birds of the San Dieguito Lagoon to learn more about the local ecosystem.

Coastal Cleanup Day 2014

Saturday, September 20th | 9am – 12pm | Various Locations

Clean up the coast at about 100 locations throughout San Diego County, including 4 within SDRP. Register at <http://www.cleanupday.org/>

All About Julian

Saturday, September 20th | 10am – 11am

Farmer Rd. Staging Area, Santa Ysabel Open Space Preserve East

Ranger Roger will discuss the Julian gold boom, the development of the area, the short-lived ski resort, and what happened to the bears! Learn why the oaks are dying and what we are doing about it.

Spooky Science

Sunday, September 28th | 2pm – 3pm

Birdwing Open Air Classroom

River Valley Fest

Sunday, October 12th, 2014

2pm – sunset

Rancho Valencia Resort & Spa



Membership & Special Donation Contributions

San Dieguito River Valley Conservancy, 3030 Bunker Hill St., Ste. 309-1, San Diego, CA 92109 Phone: 858-755-6956 Fax: 858-356-4222 Email: sdrvc@sdrvc.org Web: www.sdrvc.org

Donations and membership renewals can also be received electronically at www.sdrvc.org – Save Trees & Time – Donate Online

NAME _____ ADDRESS _____

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YES! Please add me to the Conservancy email list for notices of Conservancy & River Park events, "Members-Only" opportunities, etc. (Emails will be sent on a monthly basis.)

\$35 Basic \$50 Friend \$100 Supporter \$250 Protector \$1,000 Guardian \$5,000 Champion Other \$ _____

ADDITIONAL CONTRIBUTION \$ _____ FOR LAND ACQUISITION FOR EDUCATION FUND FOR TRAILS FOR HABITAT RESTORATION

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PLEASE MAKE MY DONATION: MONTHLY SEMI-ANNUAL ANNUAL OTHER (PLEASE SPECIFY) _____

Name on Card (Please Print): _____ Cardholder Signature: _____

Please make check payable to SDRVC. All contributions are tax deductible. The Conservancy does not sell, rent or exchange our Donor Information. The Currents newsletter is a publication of the San Dieguito River Valley Conservancy.

Fall 2014

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RIVER VALLEY



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in the San Dieguito River Valley Park

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The San Dieguito River Valley Conservancy is a 501(c)(3) nonprofit organization dedicated to accelerating the development of recreational multi-use trails in the 92,000-acre San Dieguito River Park, preserving and restoring native ecosystems, and educating the public about our precious natural resources.

SAN DIEGUITO RIVER VALLEY CONSERVANCY
INVITES YOU TO:

The fifth annual
RIVER VALLEY FEST

OCTOBER 12, 2014, 2:00 P.M.

"Connecting People with Nature"

Celebrating 28 years of conservation, education and recreation

Honoring **Richard Louv** with the Lifetime Appreciation Award

Hosted by the World Renowned
RANCHO VALENCIA RESORT & SPA

Authentic Spanish cuisine from
SAN DIEGO PAELLA

Irresistible Desserts courtesy of
CLAIRE'S ON CEDROS

Live performance by Casey Turner
Silent and Live Auction with Auctioneer Steve Hamann

Reservations

\$125 per person • Please RSVP by October 7th
Purchase tickets at sdrvc.org/rivervalleyfest
or call 858.755.6956



Photo credit: James Coffee